

## **SUBMISSION OF E-COMMUNICATIONS**

The Costa Blanca Sports Science Events take place completely on-line. To present their communications, authors have two options: e-video-abstract or e-posters. Your e-communications should be sent to: [cbssw@aearedo.es](mailto:cbssw@aearedo.es)

### **e-Video-abstract**

Short video with audio recordings should focus on the importance of your research. Authors can provide a summary of the study, technique demonstration, and/or background information.

Video abstracts can be in the form of computer-generated animations, live technique demonstrations, interviews with authors, and similar recordings that will help readers further understand the concept of the research.

### **Mechanical Requirements**

File type: mov, avi, mpg, mp4, and wmv.

Length: maximum of 5 minutes.

Frame size: 640 × 360 pixels.

Aspect ratio: 16:9, square pixels, deinterlaced.

File size: maximum 300 MB.

### **Other Requirements**

The video should be accessible to non-experts in author's research field and should be easy to understand.

The audio should be clear and well understood.

Verbal descriptions and/or subtitles/text descriptions are highly recommended for clarity.

Text and images should be in a size that is easy to read.

A title page should be created including the full title of your abstract, authors, and affiliations.

To send your e-video-abstract you may use file transfer sites such as [wettransfer.com](http://wettransfer.com) and send your files to: [cbssw@aearedo.es](mailto:cbssw@aearedo.es)

### **Written Transcripts**

A complete, accurate, word-for-word transcript of the submitted video abstract must be included.

### **Privacy Statement**

The submission to CBSSE of your e-video-abstract will be considered as an Agreement of rights of recording and reproduction with the organizers.

The e-video-abstracts received will only be available to CBSSE participants. The public exhibition of the e-video-abstract will require the express authorization of the authors.

### **e-poster**

The e-poster should consist of a maximum of **6 PowerPoint** slides.

FONT: Times New Roman.

MINIMUM FONT SIZE: 20.

TITLE: Should be brief with no superfluous words. (BOLD).

FOLLOWED BY: Authors names and Institutes, Lead Author's email address.

STRUCTURE OF PRESENTATION:

1. INTRODUCTION. Explain WHY the work is important, citing previous research if possible.
2. METHODOLOGY. Description of the Methodology (i.e. Data population, equipment, procedure, data processing and statistics).
3. DISCUSSION. Brief review of findings and their relevance.
4. CONCLUSIONS.
5. REFERENCES. Only the essentials.